

## Officers

In accordance with the OCFP's by-laws and policies, the Board of Directors appoints the Officers, who must be current members of the Board.



**President**

**Dr. Mekalai Kumanan** attended Dalhousie University for her undergraduate studies, Master of Health Administration and medical school before completing her residency at the University of Western Ontario. Since 2008, Dr. Kumanan has served the community of Cambridge, Ontario as a family physician with Two Rivers Family Health Team. In addition to her dedication to the OCFP as a board member since 2016, Dr. Kumanan is the current Chief of Family and Community Medicine at the Cambridge Memorial Hospital. She has been an active leader with the Cambridge North Dumfries OHT, first as a Governance Co-Design Group Member and as a member of both the Primary Care Collaborative and the Steering Committee. Dr. Kumanan continues to serve in both her primary care and hospital capacities. On September 29, 2022, Dr. Kumanan was installed as the 64th President of the Ontario College of Family Physicians and is also the first person of colour to hold this role.



**President-Elect**

**Dr. Jobin Varughese** completed a Bachelor of Arts, Pre-Medicine program at Universidad Iberoamericana, followed by medical school in the West Indies at Medical University of the Americas and a residency program and geriatric fellowship at William Beaumont Hospital in Michigan. Following his education, Dr. Varughese made his way to his hometown of Brampton to begin working in complex care, rehabilitation, long-term care and family health team environments, and since 2011 has offered his expertise to students, first through his affiliation with the University of Toronto and later to McMaster University. Dr. Varughese has been a OCFP Board Director since 2019 and now holds the role of President-Elect. He has acted as a Committee Member with the Canadian College of Family Physicians. This includes acting as Chair-Elect with the Section of Teachers. He has also offered his time to Pallium Canada as a Scientific Consultant, the Canadian Task Force on Preventative Health as an Ambassador and Currant Care as Chief Medical Officer. His work as a Comprehensive Family Physician at Queen Square Family Health Team continues today.



**Secretary-Treasurer**

**Dr. Eric Wong** studied at the University of Toronto, completing a Bachelor of Science before attending medical school and completing his residency at Western University. He subsequently completed a Masters in Clinical Science (Family Medicine) and has practiced family medicine for over 18 years in in fee for service and mixed-capitation environments. Dr. Wong has held various academic appointments over the course of his career including his current role as Professor and Faculty Development Director in the Department of Family Medicine at the Schulich School of Medicine & Dentistry at Western University. Dr. Wong brings strong leadership and governance skills to the Board. His involvement in various care settings and his role as Medical Director of the Thames Valley Family Health Team provides him with a broad perspective of how local contexts influence health care provision. He has served in several leadership capacities including Director, Certification and Examinations and Regional Representative, Residency Accreditation Committee with the CFPC. He was also a Board member of the OCFP from 2013-2015. He currently practises comprehensive family medicine in London and works with vulnerable populations, primarily those who are home-bound or institutionalized and serves as the Medical Director for a number of local retirement and long-term care homes.

## Directors

**New Director** – Mr. David Courtemanche is joining the Board, following a call for applications made between February 10 and March 24, 2023. The Governance Committee reviewed each of the applications and conducted interviews with the individuals who best met the needs of the Board based on recruitment criteria. The skills, competencies, and leadership Mr. Courtemanche brings, along with his perspective on Northern communities, will enhance the current Board's composition.

**Board Composition** – In accordance with the OCFP's by-laws and policies, the Board is made up of 13 to 16 Directors and up to 25% of those may be non-physicians. For 2023-24, the Board will be made up of 15 Directors. The OCFP is putting forward to the membership a motion by special resolution that the precise number of directors, within the minimum and maximum, be delegated to the Board of Directors.



**Dr. Jennifer Bondy** attended Queen's University for her undergraduate studies, followed by Western University for a Masters in Epidemiology and Biostatistics and medical school. Dr. Bondy completed her Postgraduate Medical Training at McMaster University. Her clinical roles and experience include nearly a decade in family medicine as well as a dedication to providing medical services to people experiencing homelessness. Aside from clinical practice, Dr. Bondy dedicates time to teaching and research through her roles as an Adjunct Assistant Clinical Professor at University of Windsor and an Adjunct Professor in the Department of Family Medicine at Western, where she is the Academic Director of Undergraduate Family Medicine for the Windsor Campus. Finally, in addition to her role as a board member with the OCFP, Dr. Bondy lends her time and expertise to the eHealth Centre of Excellence in Kitchener as a Physician Advisor, and the Windsor shelter health initiative as the Physician Lead. Former leadership positions include work with the Windsor-Essex OHT, Erie-St. Clair Primary Care Action Table of the COVID-19 Non-Hospital Pandemic Planning Committee, and the AFHT Board of Directors, amongst others. Currently, Dr. Bondy practices at CMHA Health Centre in Windsor and dedicates a half-day per week to both the Homelessness and Housing Help Hub and the Welcome Centre Shelter for Women, Children, and Families in Windsor, Ontario.



**Dr. Jocelyn Charles** graduated from the University of Western Ontario, completing both her undergraduate studies and medical school in London, Ontario. She completed her residency and an Academic Fellowship, focused on Health Care for the Elderly, through the University of Toronto. More recently she completed her Masters Degree in Health Practitioner Teacher Education, also at the University of Toronto. Since 1990, Dr. Charles has been a dedicated, full-time family physician with the Division of Family Practice at Sunnybrook Health Sciences Centre and over the course of her impressive career. She has been tapped to take on several interim and permanent leadership roles at Sunnybrook including, Chief, Department of Family & Community Medicine from 2011 to 2017 and Chair, Medical Advisory Committee from 2017 to 2019. From 2011 to 2021, Dr. Charles was an Associate Professor in the Department of Family and Community Medicine, at the University of Toronto. As a sought-after leader, Dr. Charles has held numerous roles locally, provincially, and nationally, including as Advisor for Primary Care for the Toronto Central Local Health Integration Network, the Primary Care Co-Lead for the North Toronto Ontario Health Team, the Clinical Lead for North Toronto Health Link, and the Chair of the Ontario Primary Care Council. Currently, Dr. Charles is a Professor in Department of Family and Community Medicine at U of T, holds a cross-appointment with the Dalla Lana School of Public Health and serves as the Medical Director and Program Chief at Sunnybrook's Veterans Program, in addition to her comprehensive family practice work with an added focus on care of the elderly.



**Mr. David Courtemanche** brings 25 years of senior administrative experience in the health and municipal sectors. He is the founding Director of the City of Lakes Family Health Team – an organization of 18 family physicians and interprofessional healthcare professionals providing primary care services to over 22,000 patients. He served in public office for almost a decade and, at 39 years old, became the youngest elected Mayor in the history of Sudbury. During that period, he served on the local Board of Health and led multiple community health initiatives including the Healthy Communities Strategy and the adoption of a 100% Smoke-free Bylaw. A graduate of the University of Guelph, he majored in Political Studies and holds a Master's Degree in Leadership. He has completed executive training at the York University Schulich School of Executive Development and Royal Roads University in Victoria, B.C. He is LEADS Canada certified as well as a certified LEADS Canada Coach and has achieved the Canadian Health Executive (CHE) designation under the Canadian College of Health Leaders.



**Dr. Patricia Froese** is in her first five years of practice providing comprehensive family medicine in Kitchener-Waterloo. She is currently in a FHO and will be moving to an academic FHT. Beyond working in an office-based setting, she is a newborn hospitalist and works in long-term care facilities. Dr. Froese has had many opportunities being involved in committees, including in leadership roles. She was a committee member of the Professional Association of Residents of Ontario (PARO) and successfully completed the PARO Leadership Program. She is a current member of the KW4 Primary Care Communications Group and editor for their newsletter. As well, Dr. Froese is an Adjunct Professor with McMaster University and enjoys teaching and mentoring medical students and residents.



**Dr. Michael Gagnon** completed his undergraduate studies at the University of Toronto and medical school in Ireland at the Royal College of Surgeons, followed by residency at Abington Memorial Hospital in Pennsylvania. Dr. Gagnon has practised family medicine at Bolton Family Health Organization since 2007, and, in addition to his clinical responsibilities, he is an active preceptor for rural family medicine residents. Since 2012, Dr. Gagnon has offered his leadership to Bethell Hospice as the Medical Director, with responsibility for policy and procedure program development. Further to his passion for care for those at the end of life, Dr. Gagnon has been a LEAP Facilitator, teaching Learning Essential Approaches to Palliative and End of Life Care. His teaching responsibilities also include his position as a Lecturer in the Department of Family and Community Medicine at the University of Toronto and he has published both practice guides and research on specific clinical areas. Dr. Gagnon has been a dedicated board member with OCFP since 2020, was the Medical Lead for the Central West Palliative Care Network from 2014 to 2018 and has participated extensively in the leadership of the Hills of Headwaters OHT along with the completion of multiple international medical missions over the course of his career. Today, Dr Gagnon continues in his family practise while also holding responsibilities as a family medicine staff member at Headwaters Healthcare Centre.



**Dr. Allen Greenwood** attended the University of Western Ontario for his undergraduate studies in Physiology and Philosophy, followed by Simon Fraser University where he completed a Master of Business Administration and Queen's University for medical school. Dr. Greenwood completed his Family Medicine residency through UofT along with a fellowship in Emergency Medicine for rural Ontario Family Doctors. His clinical roles and experience include: urgent care and emergency room medicine, comprehensive family medicine in rural Ontario, surgical assist, and more recently, combatting the pandemic as staff at Trillium Health Partners and Women's College Hospital in their respective COVID outpatient programs. Dr. Greenwood has been a dedicated member of the OCFP board since 2020 and joined the board of Mississauga Health Primary Care Network in the spring of 2022.



**Dr. Doug Gruner** completed both his undergraduate studies and medical school at McMaster University in Hamilton and selected McGill University for his residency program. Additionally, in 2008 he became a Fellow of the College of Family Physicians of Canada. With over 25 years' clinical work to his credit, Dr. Gruner began his career as an emergency room physician and lent his services to several communities in northern Ontario, prior to permanently setting roots in the Ottawa area. In Eastern Ontario he has continued to work in emergency medicine and has split his time with family medicine and teaching at the University of Ottawa as an Associate Professor in the Department of Family Medicine. Concurrently, Dr. Gruner has published nearly a dozen research papers, contributed to a number of textbooks, made regular conference presentations and been the recipient of tens of thousands of dollars in grants while dedicating significant time to important international health work. Over the course of his career, Dr. Gruner has given back to his community through leadership and advocacy efforts, largely dedicated to ensuring the health of newcomers and refugees, including his three-year term as Director of Global Health at the University of Ottawa. Today, Dr. Gruner continues in his academic post while seeing patients at his practice at Bruyère Family Medicine Centre.



**Mr. Steven Lewis** completed his undergraduate degree at University of Ottawa and went on to attain his Juris Doctor at University of Windsor before being called to the Bar of Ontario in 2013. Following his education and articling, Steven began his career as a Judicial Clerk at the Ontario Superior Court of Justice before taking his first health-focused role at Cancer Care Ontario as Legal Counsel and Accessibility Advisor. Outside of his legal focused work, Steven has lent his talents to the Smithsonian Institute in Washington D.C. as their Online Education Manager. In addition to his work with OCFP, Steven volunteers with several organizations including but not limited to, Rugby Canada, International Association of Accessibility Professionals, and Human Resources Professionals Association. Currently Steven is Senior Legal Counsel and Accessibility Lead at Capital One Bank (Canada).



**Dr. Taylor Lougheed** completed his undergraduate studies at the University of Guelph before moving on to Queen's University to complete his medical degree and a Master of Science in Healthcare Quality. He completed his Family Medicine residency at U of T and additional training in Emergency Medicine at University of Ottawa. Over the course of his career, Dr. Lougheed has practiced emergency medicine, sports medicine, and family medicine while also previously serving on the Ontario Consent and Capacity Board. He currently holds academic appointments at the University of Ottawa, Northern Ontario School of Medicine, and Queen's University, and has been a clinical supervisor at The Ottawa Hospital, CHEO, and the North Bay Regional Health Centre. Dr. Lougheed has been asked to make dozens of presentations and has published several manuscripts, many of which focus on the use of cannabis in medical practice. In addition to his board responsibilities with the OCFP, Dr. Lougheed also serves with the Children's Aid Society of the District of North Bay and Parry Sound, North Bay Physicians Local Education Group, CAEP Antiracism and Anticolonialism Committee and many others. Dr. Lougheed lives and works in North Bay where he practices sports medicine at North Bay Sport Medicine and emergency medicine at North Bay Regional Health Centre (NBRHC). He is the current Chief of Emergency Medicine and President of the Medical Staff at NBRHC.



**Dr. Kim McIntosh** completed her undergraduate degree at the University of Western Ontario and medical school at McMaster University, followed by the Rural Family Medicine Residency Program at the University of Toronto and in Orillia. Since completing her formal education, she has provided comprehensive primary care in a community practice inclusive of 10 years in emergency medicine, 20 years of obstetrical care, ongoing in-patient and community comprehensive care and teaching through several universities' Faculty of Medicine appointments. Dr. McIntosh was formerly the OCFP's successful nominee to the Provincial Primary Care Advisory Table, the North Simcoe Muskoka LHIN Couchiching Sub-Region Lead and the Chief of Family Medicine at Orillia Soldiers' Memorial Hospital (OSMH). Presently, Dr. McIntosh serves her community as a comprehensive care family physician, as the Physician Lead for the Couchiching Ontario Health Team (COHT), as OSMH Program Medical Director – Medicine, Flow, Integrated Care, Covid Response, and as a Board Member of the Couchiching Family Health Team.



**Mr. Abhi Mukherjee** is the Corporate Services Executive and CFO, at the London Health Sciences Centre (LHSC), where he is responsible for financial management while ensuring alignment to LHSC's strategic plan and operational goals. Most importantly, he is very passionate about 'bringing joy to work'. Abhi leads projects that identify new funding opportunities, advance operational improvements and progress financial health. His portfolio includes all aspects of Finance, Decision Support, Health Information Management, Information Technology Services, Facilities Management, Food Services, Portering Services, Environmental Services and Security. He also believes in partnering to serve patients and takes pride in building trusting relationships with clinical teams. He collaborates with his colleagues to build and strengthen team culture grounded in compassion, acceptance and understanding. With more than 30 years of progressive experience, including leadership at several research-intensive teaching hospitals, Abhi brings a wealth of knowledge and financial acumen to LHSC. Abhi also serves on the Board of the Ontario College of Family Physicians and the London Chamber of Commerce and has been a member on the President's Advisory Council at the Oak Valley Hospital. Abhi holds a Bachelor of Commerce degree (Honours) and professional designations of CPA, CA, and CPA (Colorado, USA).



**Dr. Ilan Shahin** completed his undergraduate degree at McGill University before remaining at the institution to complete a concurrent medical degree and Master of Business Administration. Following his studies at McGill he made his way to the University of Toronto to complete residency. Since the completion of his formal education Dr. Shahin accepted a position as a Health Innovation Fellow at Women's College Hospital, forming part of an internal incubator for projects within the hospital system. Continuing along the path of innovation, Dr. Shahin co-founded CounsultLoop, an e-referral platform and wait time directory. From a research perspective, Dr. Shahin was a founding member of Li Ka Shing Institutes' Toronto Health Organization Performance Evaluation where he co-authored several academic publications as well as a book. Dr. Shahin has been a committed board member with OCFP since 2021 and is currently an emergency department staff physician at William Osler Health System.

## Board of Directors Locations and Terms of Office

Officers			
Name	Position	Location	Term of Office
Dr. Mekalai Kumanan	President	Kitchener	2022-23 – 2023-24
Dr. Jobin Varughese	President-Elect	Brampton	2022-23 – 2023-24
Dr. Eric Wong	Secretary-Treasurer	London	2023-24

Directors		
Name	Location	Term of Office
Dr. Jennifer Bondy	Windsor	1 <sup>st</sup> term (2021-24)
Dr. Jocelyn Charles	Toronto	1 <sup>st</sup> term (2021-24)
Mr. David Courtemanche	Sudbury	1 <sup>st</sup> term (2023-27)
Dr. Patricia Froese	Kitchener	2 <sup>nd</sup> term (2023-26)
Dr. Michael Gagnon	Bolton	2 <sup>nd</sup> term (2023-26)
Dr. Allen Greenwood	Toronto	2 <sup>nd</sup> term (2023-26)
Dr. Doug Gruner	Ottawa	2 <sup>nd</sup> term (2023-26)
Mr. Steven Lewis	Toronto	2 <sup>nd</sup> term (2023-26)
Dr. Taylor Loughheed	North Bay	1 <sup>st</sup> term (2021-24)
Dr. Kim McIntosh	Orillia	1 <sup>st</sup> term (2022-25)
Mr. Abhi Mukherjee	London	2 <sup>nd</sup> term (2023-26)
Dr. Ilan Shahin	Toronto	1 <sup>st</sup> term (2021-24)