The OCFP vision is really quite simple: we see healthy Ontarians in a system where family physicians play a central, leading role.

About the Ontario College of Family Physicians (OCFP)

Professional association representing Ontario’s family physicians

13,500+
Family physician members province-wide

Family physicians work in primary care, in hospitals, long-term care and home and community care, as well as research and academia

Supporting our members – through education, leadership, research and advocacy – to deliver high-quality health care

What Ontario’s Family Physicians Care About

MOST CHALLENGING CLINICAL ISSUES

- Pain management/chronic pain/opioids
- Frail elderly care
- Child/youth & adult mental health
- Addictions
- Dementia

CLINICAL NEEDS

Supports to help further excel in their practice, through tools, mentorship and other professional development programs

HEALTH SYSTEM IMPERATIVES

Support for their vital, front-line role in an effective health system and in transformation efforts

Having equitable access to cohesive, team-based care

Improved access to primary care for:
- People with mental illness and addictions
- Those living in rural and remote settings
- Other vulnerable populations, including low-income patients, Indigenous populations, new immigrants and refugees.

1 A total of 12,911 OCFP members were invited to participate in the OCFP Membership Survey between 22 March 2017 and 14 April 2017. The study was conducted online. A total of n = 1,480 completed the survey. The completion rate was 11.5%.
Driving Practice & System Improvements

The OCFP creates and delivers innovative, high-quality and reputable programs that support the life-long learning of family physicians. **Below are select made-in-Ontario examples.**

**BUILDING CAPACITY IN PRIMARY CARE**

**Collaborative Mentoring Networks**

A unique education and mentorship program that is building capacity to manage complex issues in primary care.

**SCOPE:** Networks include: mental health, and addictions & pain; emerging networks in palliative and end-of-life care; medical assistance in dying; rural medicine; leadership and supporting first years in practice.

**OUTCOMES** – Participants report:
- Improved knowledge, competence, confidence in managing complex clinical issues.
- Ability to manage a wider range of patients with addiction, mental illness and chronic pain.
- Reduction in referral to specialists.

**PARTICIPATION:** 750+ family physicians across all 14 LHINs in Ontario currently participating – 1,750 family physicians, nurse practitioners and pharmacists expected by end of 2020.

**SUPPORT:** Funding from the Ministry of Health and Long-Term Care.

**PROMOTING GOOD HEALTHCARE STEWARDSHIP**

**Reducing Unnecessary Testing and Treatment**

An innovative full-day professional development program supporting family physicians to apply evidence and shared decision-making to reduce unnecessary testing and treatment, and implement good healthcare stewardship.

**SCOPE:** Addresses common clinical issues such as low back pain as well as appropriate diagnostic imaging, cancer screening, over-prescribing and more.

**OUTCOMES:** Participants report decreased unnecessary testing and greater shared decision-making with patients – the impact is reported both immediately following the program and after several months of applying the approach with patients.

**PARTICIPATION:** 500+ family physicians across Ontario have participated in the workshop since 2016 – program is now offered in 5 other provinces through the OCFP’s leadership.

**SUPPORT:** OCFP and member/participant funded.

"Because of the CMHN\(^2\), I am able to provide mental health treatment and guidance to my patients, especially patients who are low income and can’t afford Psychologists or can’t be seen by Psychiatry."

\(^2\) Collaborative Mental Health Network

"I am prepared to have discussions with patients about the relevance of doing certain testing, and using the available tools to build consensus."

For more information about the OCFP visit: ontiariofamilyphysicians.ca