

Workshop Outline

Your session can be scheduled to occur during 1 full day or 2 half days. Check registration details.
Below is an example of a 2-half day schedule
Breaks will be adjusted for your session

Module 1: Putting prevention into practice for school-age children

Learning Objectives:

- Describe up-to-date evidence-based preventive care recommendations for school-age children.
- Identify preventive care resources and patient information to use in clinical practice.
- Provide appropriate screening and counselling for the school-aged child.
- Discuss issues of consent and confidentiality, immunization strategies and pain reduction, and vaccine hesitancy

15 minutes	Welcome/COI Declaration/CanMEDS-FM/Agenda review/Learning Objectives <ul style="list-style-type: none"> • Includes: participant introductions and identification of needs and barriers
30 minutes	Case Study 1 <ul style="list-style-type: none"> • Includes discussion on safety; physical activity; screen time/electronics; sleep recommendations
30 minutes	Case Study 2 <ul style="list-style-type: none"> • Includes discussion on confidentiality and consent; mature minors; sport-related concussion
15 minutes	Break
30 minutes	Case Study 3 <ul style="list-style-type: none"> • Includes discussion on nutrition; obesity prevention; recognizing obesity
45 minutes	Case Study 4 <ul style="list-style-type: none"> • Includes discussion on physical examination; the tired adolescent; screening for: iron deficiency, blood tests, counselling; vaccine and vaccine hesitancy
30 minutes	Wrap-Up Includes summary discussion and Q&A
1 hour	Lunch (lunch break provided if both modules delivered consecutively)

Module 2: Implementing best evidence and practical solutions for adolescent health changes

Learning Objectives:

- Develop approaches to the reticent adolescent patient.
- Describe up-to-date evidence-based preventive care recommendations for adolescents
- Identify preventive care resources and patient information to use in clinical practice
- Identify the adolescent at risk and provide appropriate screening and counselling.

15 minutes	Welcome/COI Declaration/CanMEDS-FM/Agenda review/Learning Objectives Includes: participant introductions and identification of needs and barriers
1 hours	Case Study 6 <ul style="list-style-type: none"> • Includes discussion on The Reluctant Teen; HEADSSS; teen at risk – poverty; failure to thrive (sleep issues; mental health; bully and abuse, risk behaviour); sleep
15 minutes	Break
30 minutes	Case Study 7 <ul style="list-style-type: none"> • Includes discussion on substances and addictions
40 minutes	Case Study 6 <ul style="list-style-type: none"> • Includes discussion on consent for sexual activity; intimate partner violence, counselling and screening in sexually active adolescents, vaccines (HPS, Hep B)
5 minutes	Case 7 – Greig Health Record Summary
30 minutes	Wrap-Up <ul style="list-style-type: none"> • Includes summary discussion and Q&A