
PRACTICAL LEARNING * PROFESSIONAL DEVELOPMENT * CLINICAL LEADERSHIP

Mood Disorders are among the most common mental health illnesses – and for family physicians managing these conditions, it can be challenging to ensure optimal care for their patients. .

Join **psychiatrist Dr. Jose Silveira**, associate professor at the University of Toronto and long-time Mentor in the OCFP's Collaborative Mental Health Network, to get **current best evidence** and learn **practical and realistic approaches and strategies** that you can **apply immediately in practice**.

> Why attend?

In this *interactive, full-day* workshop:

- **Build confidence and competence** to deliver care for patients with mood disorders through the stages of severity
- **Strengthen your skills** in selecting strategies to manage diagnostically uncertain mood disorders, whether for months or years
- **Explore treatment options and learn to select the most appropriate** biological, psychological, physical, and social interventions in an **evidence-based** stepped-care model
- **Get practical strategies** to help manage mood disorders in pregnancy, the elderly, and patients with comorbid conditions
- **Exchange ideas with local colleagues** in an engaging small-group setting and **get valuable guidance** from the program instructor

> How to register

See upcoming sessions:

ontariofamilyphysicians.ca/education

REGISTER NOW:

cpd.ocfp.on.ca

Earn up to **21** certified Mainpro+® credits

"Practical information immediately useful for every day."

"Facilitator very engaging and accessible."

"Well organized and presented."

– Workshop participants
