



OCFP Family Docs: The Early Years Podcast Show Notes

Episode #1: Transitioning to Practice

[00:00:01] Introduction to Family Docs: The Early Years, a four-part podcast series for family physicians in their first 10 years of practice.

[00:00:41] Introduction to the topic: Transitioning into practice. Introduction of the participants: Dr. Corey Bricks, Dr. Britta Laslo, Saif Khan of MD Financial Management and James Draper, Regional Adviser at Healthforce Ontario.

[00:01:15] Understanding your debt.

[00:02:10] Considering your tax situation. The benefits of working with a financial consultant, accountant and lawyer.

[00:03:41] A discussion of retirement and taxes, as well as incorporation.

[00:06:46] How to discuss your goals with a financial adviser.

[00:08:51] Advice for new family doctors who are scoping out a potential practice location or locum. What are the different types of locums? What are the potential red flags?

[00:11:18] Visiting the locum community is a must.

[00:13:47] A discussion of the Rural Family Medicine Locum program.

[00:15:06] Options and incentives through the government for debt relief for physicians who are looking to work in rural or remote communities.

[00:17:09] Suggestions for finding a position.

[00:18:23] The value of support from more experienced physicians.

[00:19:28] Closing comments and information about commenting on this podcast.