

Air Quality Check:

- HVAC – Inspected, maintained and up to code?
- Vents:
 - Clean? Air blowing/returning? At least 6 inches of clearance?
- Air Circulation:
 - Stuffy? Lingering odours? Drafts? Doors shut/seal properly?
- Crowding:
 - Max capacity in room? Furniture, drapes, barriers?
- Windows:
 - Open to help draw in fresh air or exhaust indoor air directly outside e.g., by pointing a fan outdoors.
 - Opening windows daily, even for a few minutes can improve indoor air quality.